

Social Distance Protocols

Overview

- All swimmers are encouraged to maintain 1.5m physical distance throughout the facility and in the water.
- All swimmers and staff are to follow facility guidelines.
- We will advise all clients to “get in, train/learn to swim, get out” and immediately leave the facility and surrounding areas following classes/sessions.
- We will advise swimmers to not congregate around the door of the pool prior to the facility opening, but rather to wait in their vehicle until just before the pool opens and then maintain physical distancing.

Squad Training

- Coaching will be conducted from the pool deck.
- There will be a program briefing at the start of each session which will highlight physical distancing requirements.
- Swimmers will be allocated spaces along the length of the lane.
- Drills to adhere to the 4sqm requirement.
- Swimmers to keep one body length between swimmers at all times.
- Sets to commence 5 seconds apart to reduce congregation at the end of the lane.
- Swimmers to stop short of the wall if required to maintain distance.
- Both ends of the pool worked for 50m sets.
- Swimmers are to enter and exit the pool from both ends if numbers dictate.

Learn to Swim Program

- Contactless teaching methods will be implemented with instructors on pool deck for all levels.
- If an instructor has to get in the water for a very short period during the class, 1.5m distance to be maintained (one arm and kick board apart).
- Classes will be capped to the maximum number of swimmers per lane as per current restrictions and facility guidelines.
- If teachers are working in adjacent lanes, teachers will work opposite ends of the pool.
- Where possible, class configurations should align with household members of swimmers.
- We will place markers (witches hat cones) on the floor of the pool to denote swimmers space within the class.